Sudhansh Shrish Lal

ACTOR . DIRECTOR . THEATRE EDUCATOR

Bangalore, India
BA (Hons) Theatre Studies & Psychology - Christ University



Sudhansh Shrish Lal as Colonel Pickering — My Fair Lady



Comedy- The Proposal

ARTIST STATEMENT

I am a theatre actor, director, and educator completing my degree in Theatre Studies and Psychology at Christ University, Bangalore. My work engages with classical theatre, musical performance, and expressive staging that explores the psychological depth of characters.

I have performed roles such as Jack Worthing in The Importance of Being Earnest and Colonel Pickering in My Fair Lady, and have directed productions including Riders to the Sea and The Stronger, the latter presented at the Medal Theatre Festival in Bangalore. For me, theatre is a way of encountering lives that may feel distant from us or deeply familiar. My aim is not merely to amuse but to amaze.

"Love the art in yourself, not yourself in the art."
— Konstantin Stanislavski

MY FAIR LADY

Musical by Lerner & Loewe

2025 Production



Assistant Director & Zoltan Karpathy
Role: Assistant Director/Actor
Worked as Assistant Director while also performing the role of Zoltan Karpathy, assisting with rehearsal coordination and staging.

2026 Production

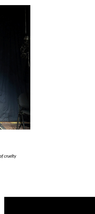


Colonel Pickering
Role: Actor
Performed the role of Colonel Pickering in the second staging of My Fair Lady, gaining experience in musical theatre performance combining acting with vocal work.

SELECTED ACTING ROLES



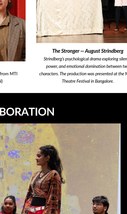
Jack Worthing
The Importance of Being Earnest — Oscar Wilde
Played the central role of Jack Worthing in Wilde's satirical comedy, exploring themes of identity, social expectation, and Victorian wit.



Wednesday
The Man Who Was Thursday — Adapted by Bilal Dardai
Performed the role of Wednesday in a theatrical adaptation of Chesterton's philosophical narrative exploring order, chaos, and identity.



Ivan Vasilievitch Lomov
The Proposal — Anton Chekhov
Played the central role of Ivan Vasilevitch Lomov in the classic and witty one act play of Chekhov



Epaminond Maximovitch Aplombov
The Wedding — Anton Chekhov
Performed the role of Aplombov in a satirical play exploring the prejudice, social conventions, and notions of the bourgeoisie.



Young man
Jet Of Blood — *Antonin artaud*
Performed the role of young man in Jet of blood part of theatre of cruelty

Directing Work



Riders to the Sea* — *J. M. Synge
Directed Synge's tragic one-act play depicting life and loss among the Aran Islanders, focusing on atmosphere, stillness, and emotional intensity.

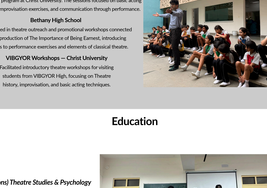


My fair lady (2025)
Assistant directed a licensed musical from MTI (Musical Theatre International)



***The Stronger* — August Strindberg**
Strindberg's psychological drama exploring silence, power, and emotional domination between two characters. The production was presented at the Medal Theatre Festival in Bangalore.

DEVISING COLLABORATION



Far & Wide
(Devised Theatre Project)- 2024
Directed by Dale Orlando Smith
As part of an exchange programme with students from Baylor University, Waco, we collaboratively devised a theatrical work exploring themes of fear, vulnerability, and love.

Ensemble Performance



Antigone
Role: Dance Ensemble
Jagriti Theatre — Bangalore
Performed as part of the ensemble in a staging of Sophocles' tragedy, working within a collective performance structure emphasizing movement, voice, and chorus work



Trial by Jury
Role: Opera Ensemble
Performed as part of the ensemble in Gilbert and Sullivan's comic opera, combining vocal performance with stage movement and ensemble coordination.

Ensemble Performance

Gianni Schicchi
Role: Opera Ensemble
Performed as part of the ensemble in Giacomo Puccini opera, combining vocal performance with stage movement and ensemble coordination.

Backstage Roles

Romeo & Juliet
Role: Lights
In a punk tragedy of Romeo & Juliet I was heading and operating the light

TEACHING & THEATRE EDUCATION

Greenwood High International School
Worked as an external theatre faculty in Greenwood High School Bannerghatta. Teaching acting and theatre 101 to classes 3, 4 and 5.

Bosch Program — Christ University
Conducted theatre workshops for students participating in the Bosch skill development program at Christ University. The sessions focused on basic acting techniques, improvisation exercises, and communication through performance.

Bethany High School
Participated in theatre outreach and promotional workshops connected to the production of The Importance of Being Earnest, introducing students to performance exercises and elements of classical theatre.

VIBGYOR Workshops — Christ University
Facilitated introductory theatre workshops for visiting students from VIBGYOR High, focusing on Theatre history, improvisation, and basic acting techniques.

Education

BA (Hons) Theatre Studies & Psychology
Relevant areas of study:

- Acting
- Theatre Direction
- Stage combat
- Performance Studies
- Voice & Movement
  Dramatic Literature

International training

Baylor University
Waco, Texas, USA
Student Internship — Theatre Program
Got selected for a theatre internship and collaborative exchange program, engaging with students & faculty.
Areas of focus

- Shakespearean Monologue
- Direction Training
  Dance performance (Musical)



CONTACT

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